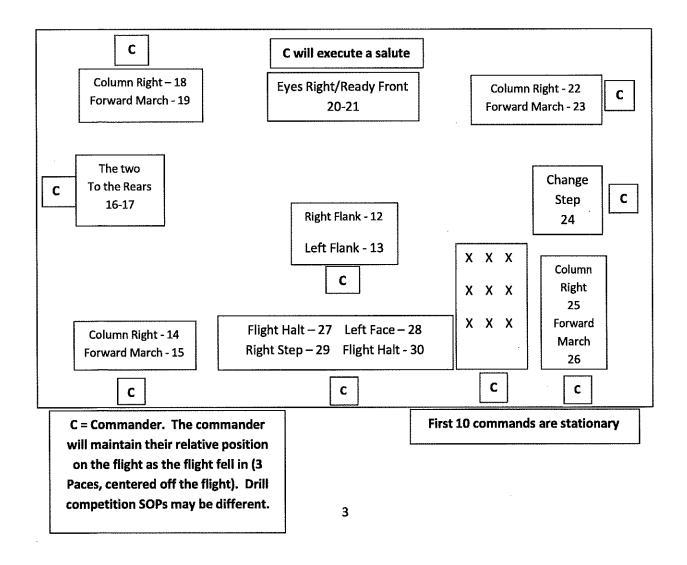
## Air Force Junior ROTC 30-STEP DRILL SEQUENCE INSTRUCTORS BOOKLET



2 July 2018

- 3. Once cadets can recite the sequence, then break the class down into small groups, approximately 5 cadets in each group and have them practice commanding and the small group executing the first 10 commands. This can be done in the classroom or outside depending on the space you have since these are stationary movements.
- 4. Once cadets master commanding the first 10 commands to their small group, keep the same small groups of 5 and then let cadets practice commanding and marching their group through the rest of the sequence. Each cadet gets a turn at commanding the sequence. You can use upper classmen and members of the drill team to help the cadets with commanding their groups. As always the groups have SASI/ASI oversight.

Remember the 30 step drill sequence is a big box. If cadets can visualize a box they can successfully lead a group of cadets through the 30 step sequence.



### **30-STEP DRILL SEQUENCE**

Performance of the 30-Step Drill Sequence will be IAW AFMAN 36-2203 (Drill and Ceremonies), dated 20 Nov 2013 and is led and performed by second year cadets.

Cadet Commander will report in after the command fall-in is given.

Example: Sir/Ma'am, Unit Number, is prepared for the 30-step drill sequence.

Request permission to use your drill area, Sir/Ma'am!

1. *Fall in (Sizing of flight/count off is not require	16. To the rear march ed)
2. Open ranks march	17. To the rear march
3. Readyfront	18. Column right march
4. Close ranks march	19. Forward march
5. Present arms	20. Eyes right (salute the evaluator)
6. Order arms	21. Ready Front
7. Parade rest	22. Column right march
8. Attention	23. Forward march
9. Left face	24. Change step march
10. About face	25. Column right march
11. Forward march	26. Forward march
12. Right flank march	27. Flight halt
13. Left flank march	28. Left face

Cadet Commander will report out after the command flight halt is given. Example: Sir/Ma'am, Unit Number, request permission to exit your drill area, Sir/Ma'am!

14. Column right march

15. Forward march

29. Right step march

30. Flight halt

<sup>\*</sup>Per AFMAN 36-2203 the command "Fall In" requires proper sizing and count off to be performed. During HQ AFJROTC visits, sizing of the flight/count off is not required and the commander may call "Open Ranks" immediately after the command "Fall In".

## **FALL IN**

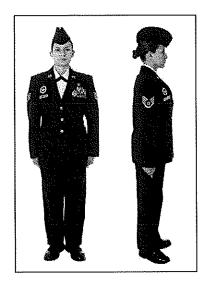
**Purpose:** "Fall In" is used to form the flight and to establish interval.

Combined Command: "Fall In"

**Requirements for Movement:** A flight forms in at least two, but not more than four, elements in line formation. The command is **FALL IN**.

- 1. On this command, the guide takes a position facing the flight sergeant and to the flight sergeants left so the first element will fall in centered on and three paces from the flight sergeant. Once halted at the position of attention, the guide performs an automatic dress right dress. When the guide feels the presence of the first element leader on his or her fingertips, the guide executes an automatic ready front. Once positioned, the guide does not move.
- 2. The first element leader falls in directly to the left of the guide and, once halted, executes an automatic dress right dress. The second, and third element leaders fall in behind the first element leader, execute an automatic dress right dress, visually establish a 40-inch distance, measured from the chest of the individual to the back of the individual directly in front and align themselves directly behind the individual in front of them. The remaining airmen fall into any open position to the left of the element leaders and execute an automatic dress right dress to establish dress and cover.
- 3. The leading individual of each file establishes normal interval (by taking small choppy steps and aligning with the base file) and establishes exact shoulder-to-fingertip contact with the individual to the immediate right. The second, third, and fourth element leaders align themselves directly behind the person in front of them (using small choppy steps) and visually establish a 40-inch distance.
- 4. To establish interval, the leading individual in each file obtains exact shoulder-to-fingertip contact with the individual to his or her immediate right. As soon as dress, cover, interval, and distance are established, each airman executes an automatic ready front on an individual basis and remains at the position of attention.

## **ATTENTION**



<u>Purpose</u>: The position of attention is the military ready position for drill and inspection; and is the proper position to maintain when being addressed by a ranking officer.

**Preparatory Command:** "Flight/Detail"

Command of Execution: "Attention"

Requirements for Movement: This movement can be performed as a single individual or with an entire flight. This movement can be performed in any formation, at Close or Normal Interval, in the Cadence of Quick Time, and is executed with snap and pop.

- 1. When you hear the preparatory command of "Flight", snap to Parade Rest.
- 2. Upon hearing the command of execution, "Attention", lift the left leg from the hip, just high enough to clear the ground.
- **3.** Smartly move the left foot in, bringing the heels back together so that they are on line and forming a 45 degree angle.
- **4.** Simultaneously, bring the hands back to the sides, taking the most direct route and cupping them in the process.
- **5.** Hands should now be cupped and pinned to the seams of your trousers, thumbs facing forward.
- **6.** Head and eyes remain caged forward, and the position of attention has been resumed, where you will remain until you receive your next command.

- 2. The leading individual in each file takes short, choppy steps to dress to the right and establish normal interval by obtaining shoulder-to-fingertip contact with the cadet to their immediate right.
- 3. The remaining cadets in the second, third and fourth elements take short choppy steps to dress to the right and cover directly behind the cadet in front of them using their peripheral vision (looking out of the corner of their left eye).

### **Exceptions:**

- 1. Element leaders will not turn their head and eyes 45 degrees to the right but will still raise their left arms.
- 2. The last cadet in each element will not raise their left arm, but will still turn their head and eyes 45 degrees to the right with snap.

### **Long Arm-Short Arm Rule:**

- 1. If you are in the second, third, or fourth element and your arm is too long, place your hand behind the cadet to your left, arm parallel to the ground.
- 2. If your arm is too short, leave your arm and hand extended, parallel to the ground.

### **Procedures to Perform (continued):**

- 1. You will maintain this position until you are properly aligned and you receive the next command, which will be "Ready, Front".
- 2. Upon hearing the preparatory command of "Ready", form a mental picture of what is about to take place, maintaining your current position.
- 3. When you hear the command of execution, "Front", smartly lower your hand, retracing the path you used to raise it and cup your hand as it passes the waist, returning your hand to your side without slapping.

  Simultaneously, with snap, turn your head and eyes to the front.
- **4.** You are now back at the position of attention where you will remain until you receive your next command.

### **CLOSE RANKS**

<u>Purpose</u>: "Close ranks" is the military way of closing a flight in Line Formation after doing Open ranks.

**Preparatory Command: "Close Ranks"** 

Command of Execution: "March"

<u>Requirements for Movement</u>: You must be halted at the position of attention; in Line Formation, at Normal Interval, in Open Ranks, in the Cadence of Quick Time, and is executed with snap and pop.

- 1. On "March", the first element stands fast.
- 2. The second element takes one pace forward with coordinated arm-swing and halts at the position of attention.
- 3. The third and fourth elements take two and three paces forward, respectively, and halt at attention.
- **4.** The flight has returned to normal DCID, where you will remain until you receive your next command.

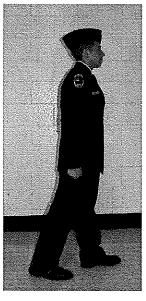
## LEFT FACE

<u>Purpose</u>: The "left face" is the military way of turning 90 degrees to the left from a halt.

**Preparatory Command: "Left"** 

Command of Execution: "Face"

Requirements for Movement: You must be halted at the position of attention. This movement can be performed as a single individual or with an entire flight. This movement can be performed in any formation, at Close or Normal Interval, in the Cadence of Quick Time, and is executed with snap and pop.



- 1. Upon hearing the preparatory command of "Left", form a mental picture of what is about to take place; do not move.
- **2.** When you hear the command of execution, "Face", raise your left toe and right heel high enough to clear the ground, without bending the knees.
- **3.** Next, turn 90 degrees to the left on the ball of the right foot and the heel of the left foot, assisted by the slight pressure on the ball of the right foot. Keep the upper body at the position of attention.
- **4.** After pivoting 90 degrees to the left, plant your left foot 22 ½ degrees off the centerline of the body. Keep both legs straight, but not stiff. Again, the upper body remains at the position of attention. [This completes count one of a two-count movement]
- **5.** To complete count two, bring your trailing foot (right) smartly forward the most direct route, back to the position of attention so your heels come together and on line and your feet form a 45 degree angle.
- 6. Heels should be on line and feet should now be forming a 45 degree angle, which means the position of attention has been resumed. [This completes count two of the movement]

## DRILL 02: BASIC TRANSITORY DRILL

5. Following the <u>pivot, you will take a 12-inch step with the left foot in the</u> <u>new direction</u>, with coordinated arm-swing, before taking a full 24-inch step with the right foot, maintaining DCID throughout the movement.



Note: That during the 12-inch step (half step) the cadet has coordinating arm swing at this point.

A teaching technique for your cadets: In line, pivot, 12, 24, left, right, left.

The half-step. Measure the 12 inch step from the heel of the right foot to the heel of the left foot.



## LEFT FLANK

<u>Purpose</u>: The "left flank" is the military way of turning an entire formation 90 degrees to the left while marching.

Preparatory Command: "Left Flank"

Command of Execution: "March"

Requirements for Movement: You must be marching at the position of attention. This movement can be performed as a single individual or with an entire flight. This movement can be performed in any formation, at Close or Normal Interval, in the Cadence of Quick Time, and is executed with snap and pop.

- 1. The preparatory command will be given as the heel of the left foot strikes the ground. Upon hearing the preparatory command of "Left Flank", form a mental picture of what is about to take place and continue to march.
- 2. When the heel of the right foot strikes the ground, you will not hear anything; continue to march.
- 3. When the heel of the left foot strikes the ground again, you will hear the command of execution, "March". On "March", everyone takes one more 24-inch step with the right foot with coordinated arm-swing.
- **4.** As the weight of the body comes forward on the ball of the right foot, suspend arm-swing.
- 5. Next you will pivot 90 degrees to the left stepping out with the left foot with a full 24-inch step, resuming coordinated arm-swing and maintaining DCID throughout the movement.

## **RIGHT STEP**

<u>Purpose</u>: The "right step" is the military way of moving a formation short distances to a given flank from a halt.

Preparatory Command: "Right Step" "Flight"

Command of Execution: "March" "Halt"

<u>Requirements for Movement</u>: You must be halted at the position of attention. This movement can be performed as a single individual or with an entire flight. This movement can be performed in any formation, at Close or Normal Interval, in the Cadence of Quick Time, and is executed with snap and pop.



- 1. While at the position of attention, you will receive the preparatory command of "Right". Form a mental picture of what is about to take place and remain at attention.
- **2.** Upon hearing the command of execution, "March", lift the right leg from the hip just high enough to clear the ground.
- **3.** Keeping the leg straight, but not stiff, place the right foot 12 inches, as measured from inside the heels, and place it 22 ½-degrees off the center line of the body.
- **4.** Next, transfer the weight of the body to the right foot, and without scraping the ground, smartly bring the left foot alongside the right as in the position of attention.
- 5. This movement is continued in Quick Time, and the upper body remains at attention throughout.
- **6.** The only command allowed to be given at this time is "Flight, Halt".
- 7. When the preparatory command of "Flight" is received, your heels will be together (in transition). Form a mental picture of what is about to take place and continue the movement.
- **8.** After the next step, when the heels come together again, you will hear the command of execution, "Halt".
- 9. On "Halt", take one more 12 inch step to the right, then bring the heels together.
- **10.** The position of attention has been resumed, where you will remain until you receive your next command.

# COLUMN RIGHT With/3 Element Leaders

<u>Purpose</u>: The "column right" is the military way of turning the head of a formation 90 degrees to the right while marching.

Preparatory Commands: "Column Right" "Forward

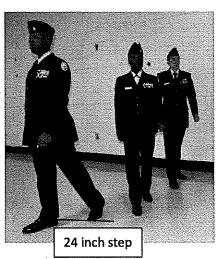
Command of Executions: "March" "March"

<u>Requirements for Movement</u>: You must be marching at the position of attention. You must be in Column Formation. It is done in the Cadence of Quick Time, and is executed with snap and pop.

### **Procedures to Perform: (Entire Flight)**

- 1. The preparatory command will be given as the heel of the right foot strikes the ground. Upon hearing the preparatory command of "Column Right", form a mental picture of what is about to take place and continue to march
- 2. When the heel of the left foot strikes the ground, you will not hear anything; continue to march.
- 3. When the right foot strikes the ground again, you will hear the command of execution, "March"

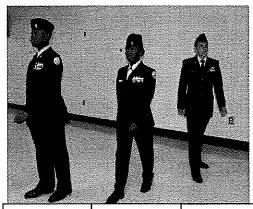
### **3rd Element Leader:**



- **1.** On "March, he/she will take one more 24-inch step with the left foot.
- **2.** As the weight of the body comes forward, suspend arm-swing and pivot 90 degrees to the right on the ball of the left foot.
- **3.** Following the pivot, immediately take one 24-inch step with the right foot and resume coordinated armswing.

- **3.** As the weight of the body comes forward, pivot 45 degrees to the right on the ball of the left foot.
- **4.** Following the first pivot, take two 24-inch steps and pivot again 45 degrees to the right.
- **5.** Following the second pivot, continue in 24-inch steps until abreast of the person they usually march next to; begin half-step, cover, and dress to the right.

### 1st Element Leader: (pivots with coordinated arm-swing)



12 inch step

24 inch step

24 inch step

- 1. On "March", he/she will take one more 24-inch step with the left foot.
- **2.** As the weight of the body comes forward, pivot 45 degrees to the right on the ball of the left foot.
- **3.** Following the first pivot, take four 24-inch steps and pivot again 45 degrees to the right.
- Following the second pivot, continue in 24inch steps until abreast of the 2nd element
  leader; begin half-step, establish interval, and
  dress to the right.

### Remainder of the 1st Element: (pivots with coordinated arm-swing)

- 1. On "March", the remainder of the 1st element will march straight ahead to the approximate pivot point established by the person in front of them.
- 2. When they come to the pivot point, they take one more 24-inch step with the left foot.
- **3.** As the weight of the body comes forward, pivot 45 degrees to the right on the ball of the left foot.
- **4.** Following the first pivot, take four 24-inch steps and pivot again 45 degrees to the right.
- **5.** Following the second pivot, continue in 24-inch steps until abreast of the person they usually march next to; begin half-step, cover, and dress to the right.

## EYES RIGHT/READY FRONT

**Purpose:** "Eyes Right" is the military way of acknowledging the senior officer during a parade or review.

**Preparatory Command:** "Eyes"

"Ready"

Command of Execution: "Right"

"Front"

Requirements for Movement: You must be halted or marching at the position of attention, at Normal Interval, Column Formation, in the Cadence of Quick Time, and is executed with snap and pop.



- 1. Eyes Right The preparatory command and command of execution are given on the right left foot while marching.
- 2. On the command RIGHT, all persons, except those on the right flank, turn their heads and eyes smartly 45 degrees to the right.
- 3. To return their heads and eyes to the front, the command Ready, FRONT is given as the left foot strikes the ground.
- 4. On the command FRONT, heads and eyes are turned smartly to the front.
- 5. The entire flight is now marching at the position of attention which will continue until the next command is given.